

Family First



Buddy Says, "Be Ready"

In an emergency, keep these items in a sturdy, easy-to-carry container.

WATER

One gallon per person per day for three days, stored in plastic containers

FOOD

Ready to eat canned meat, fruit and vegetables

Canned soup, milk and juices

Food for infants and adults with special diets

High-energy snacks - crackers, trail mix, granola bars, peanut butter

Comfort foods - cookies, candy, hot chocolate, tea bags, instant coffee

(Don't forget a non-electric can opener)

PRESCRIPTION MEDICINES

FIRST AID KIT - including non-prescription drugs like pain relievers

FLASHLIGHT and extra batteries

PORTABLE RADIO and extra batteries

CASH - bills and coins

FAMILY DOCUMENTS - home and property insurance information, driver's licenses, medical and prescription plan i.d.'s, Social Security cards, identification for infants and children

STURDY CLOTHING, RAIN GEAR AND BEDDING

SMALL TOOL KIT

BATHROOM SUPPLIES - toilet paper, soap, personal hygiene items

PETS - pet food, pet carriers and leashes, proof of rabies shots

PLAN - make sure you have a place to go if asked to evacuate

REMEMBER, storms and flooding can damage or destroy your home. Make sure you have adequate appropriate coverage, including flood insurance.





To My Fellow Marylanders,

Every family should have an emergency plan. Some of the basics of a family emergency plan:

- Discuss the plan in advance.
- Know where you will meet.
- Know how you will make contact with each other if you get separated.
- Agree on a destination if you are asked to evacuate your home and make sure relatives know the plan.
- Remember grandparents and other family members.
- Have a plan for your pets.

*Sincerely,
Governor Martin O'Malley*



In an emergency, call 911
You can obtain more information about emergency planning from your local emergency office listed below.

County	Phone
Allegany	301-777-5908
Anne Arundel	410-222-0600
Baltimore	410-887-5996
Calvert	410-535-1623
Caroline	410-479-2622
Carroll	410-386-2290
Cecil	410-996-5350
Charles	301-609-3402
Dorchester	410-228-1818
Frederick	301-600-1746
Garrett	301-334-7619
Harford	410-638-4900
Howard	410-313-6030
Kent	410-778-3758
Montgomery	240-777-2300
Prince George's	301-883-3308
Queen Anne's	410-758-4500
St. Mary's	301-475-4200
Somerset	410-651-0707
Talbot	410-770-8160
Washington	240-313-4394
Wicomico	410-548-4820
Worcester	410-632-1311

Municipal	Phone
Annapolis	410-216-9167
Baltimore City	410-396-6175
Ocean City	410-723-6619

For more information on putting your Family First go to:
www.FamilyFirst.md

Maryland Emergency Management Agency (MEMA)
877-MEMA-USA (877-636-2872) * 410-517-3600
www.mema.state.md.us

